

How to Sync SmartWalking™ with Health Apps

Welcome to SmartWalking™, an ActiveFit+™ offering which allows members to achieve their fitness goals in three different ways:

- Visit a participating fitness facility 12 or more days a month (same as the current process),
- Walk 10,000 steps a day for at least 12 days a month,
- Complete an ActiveFit@Home activity at least 12 days a month, or,
- * Complete any combination of the activities for 12 days a month (for example, visit a participating facility six days and walk 10,000 steps for six days).

SmartWalking requires use of the ActiveFit+ app. Step counts from Apple Health, Google Fit & Fitbit sync directly with SmartWalking. Many leading wearables are compatible with these platforms.

Let's get started!

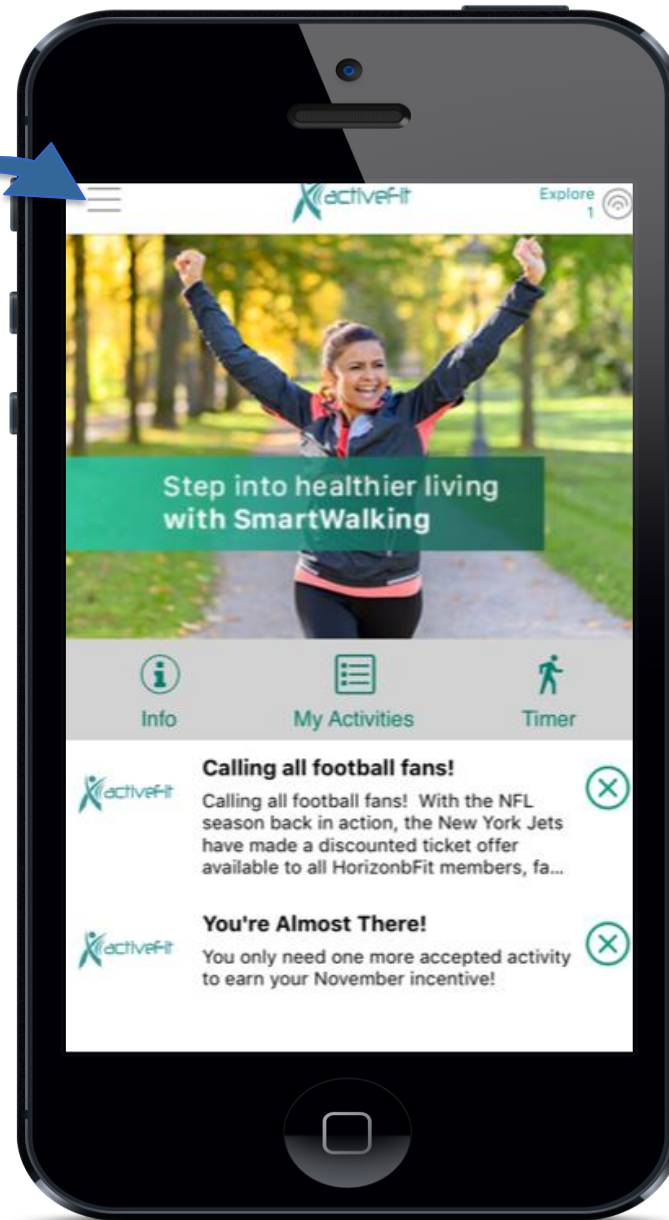
Administered by:

advanta
HEALTH SOLUTIONS

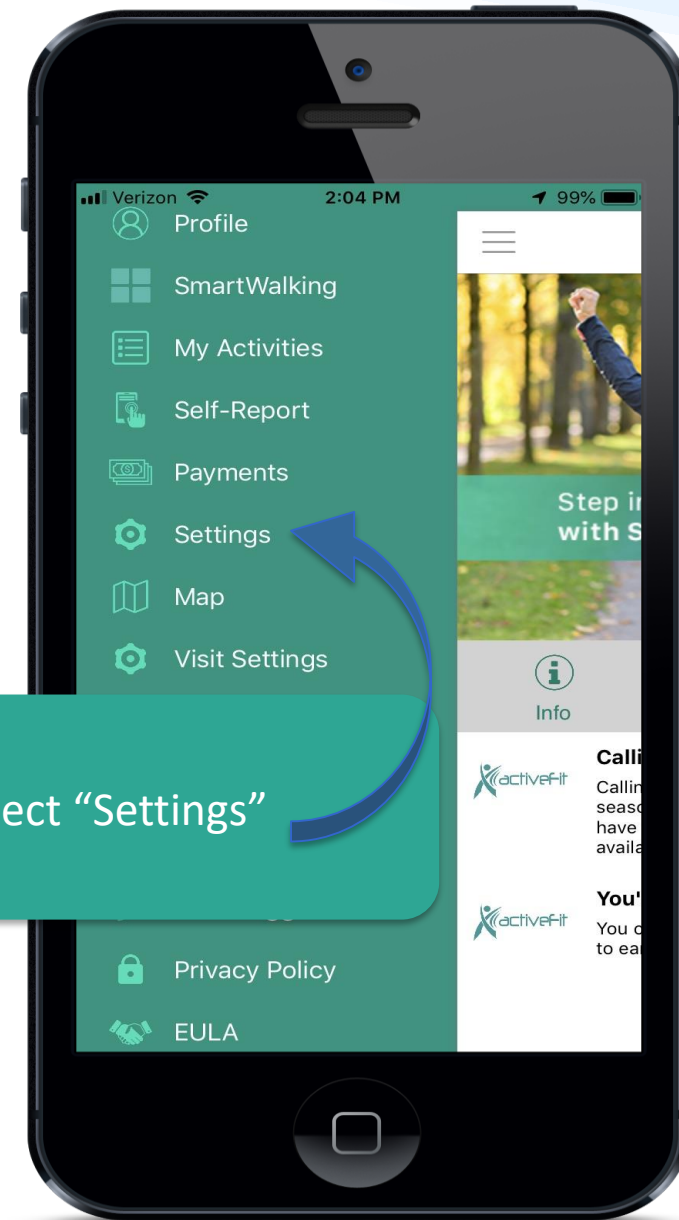


Tap on the Main Menu in ActiveFit

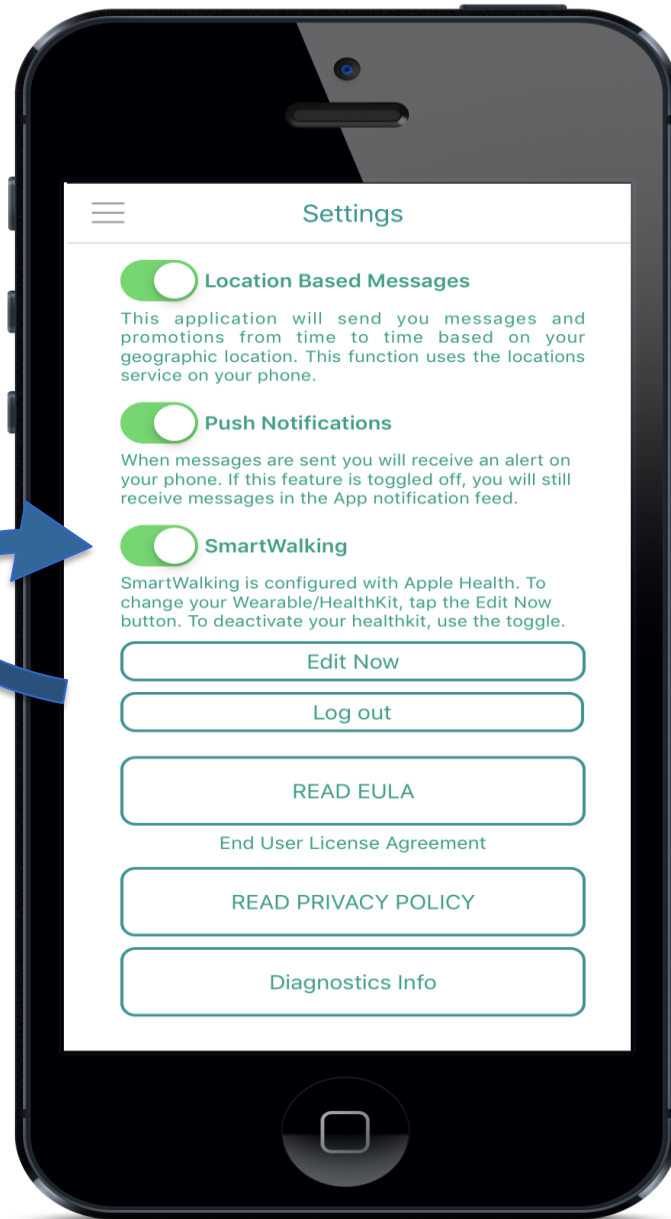
Tap on the Main Menu



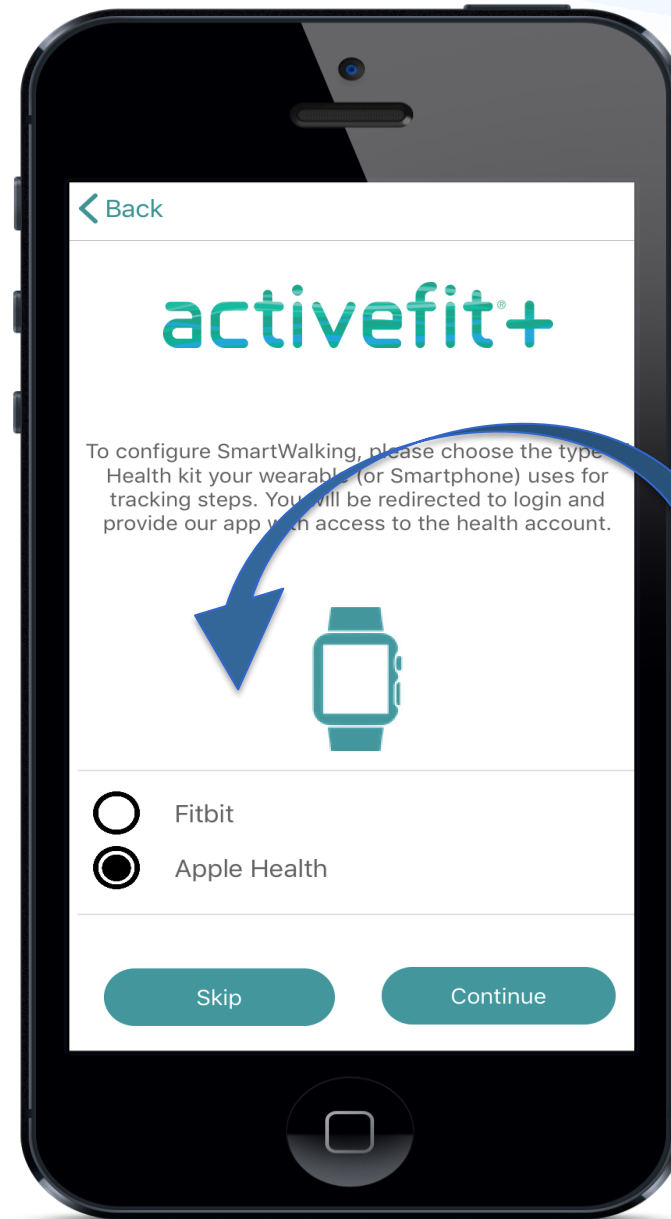
Select "Settings"



Enable SmartWalking & Choose Your Health App

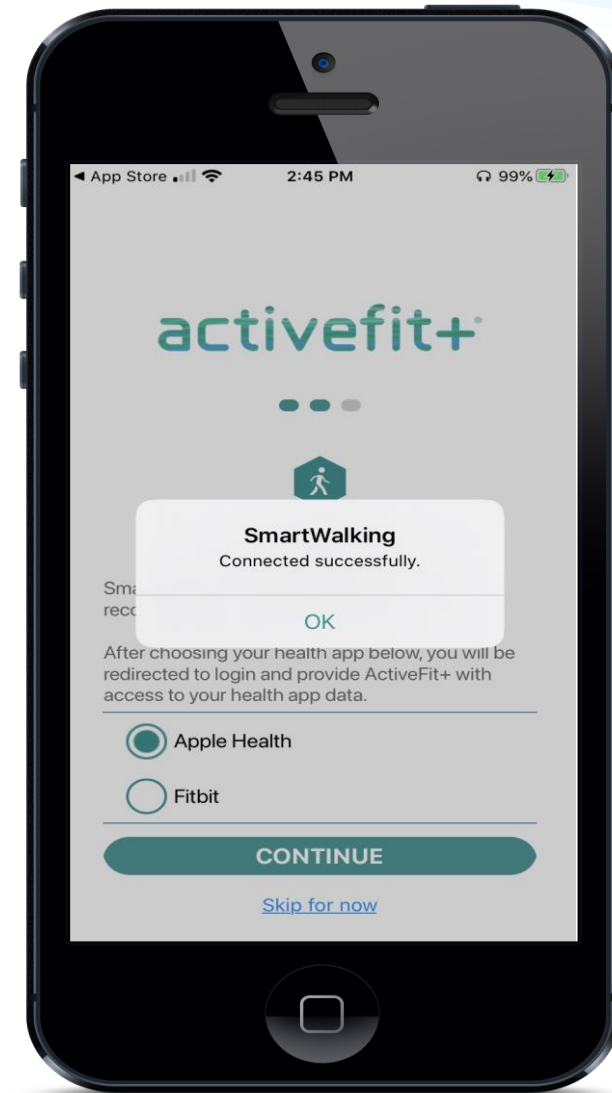
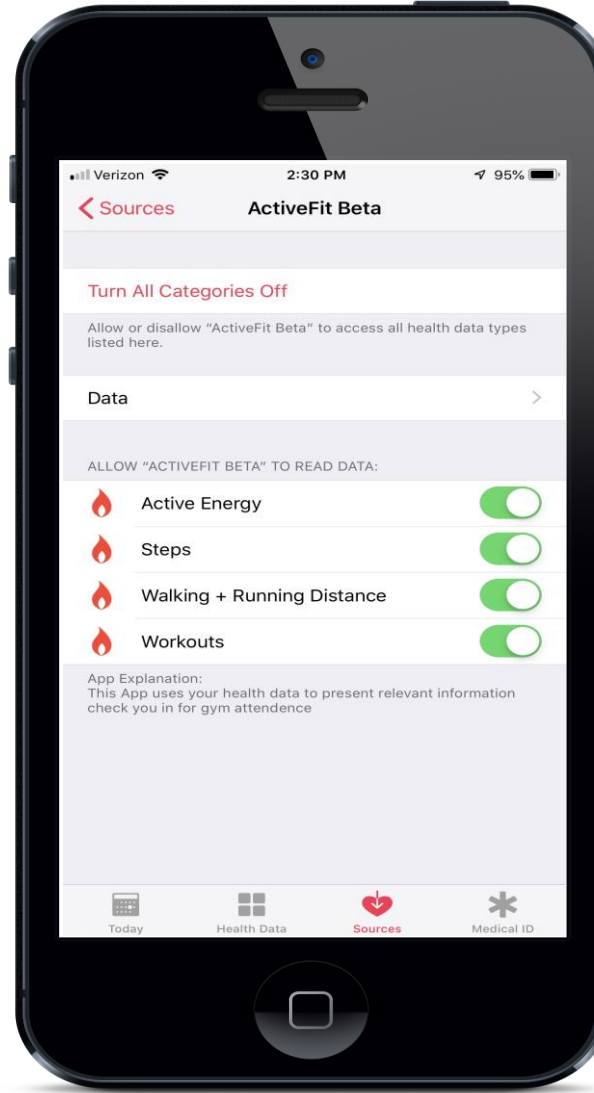
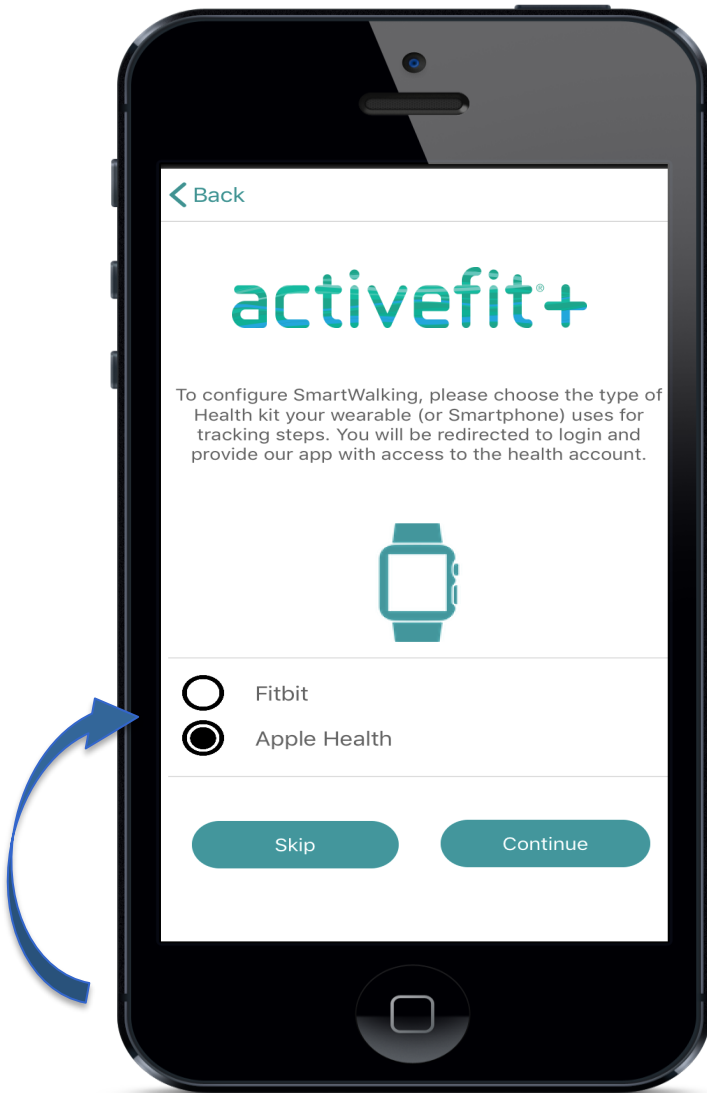


Enable SmartWalking and tap on "Edit Now"



Select the applicable health app





Select Apple Health

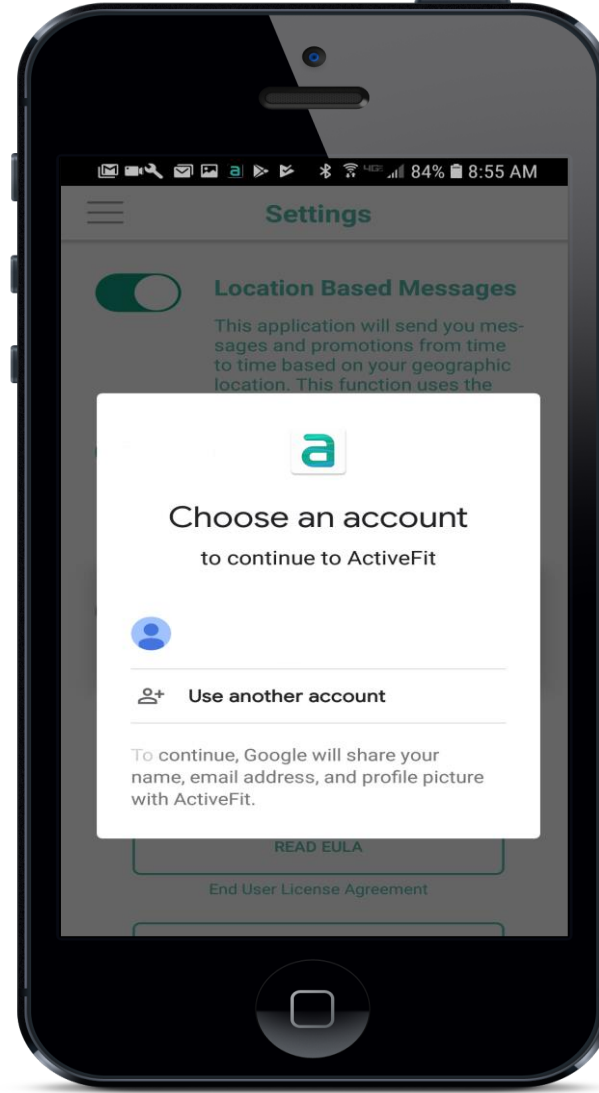
Allow permissions from Apple Health

Click "OK"

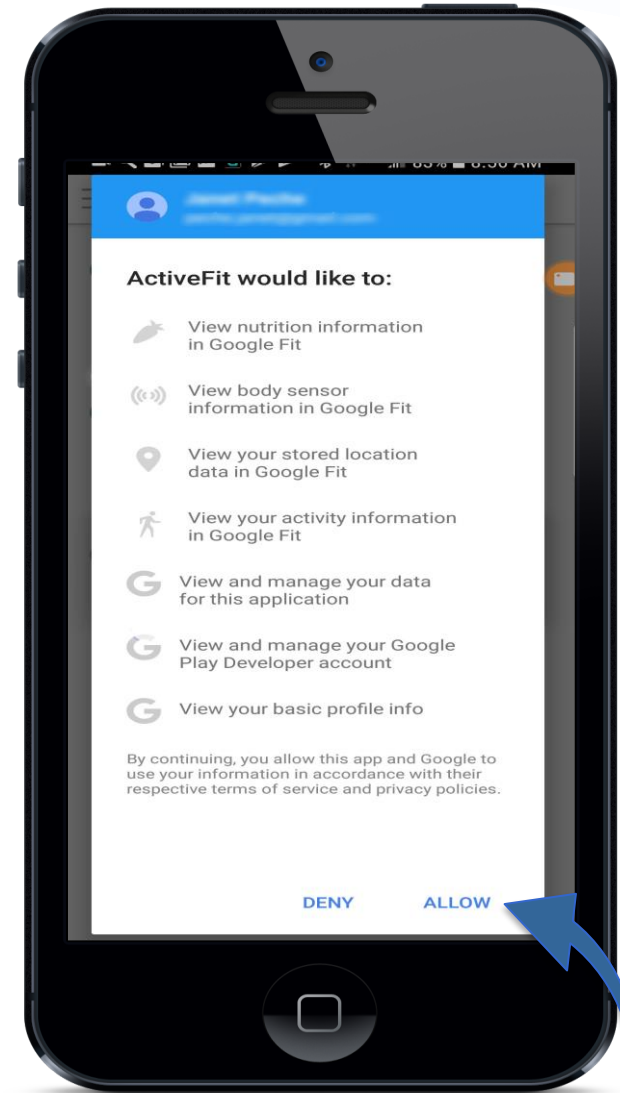




Select Google Fit

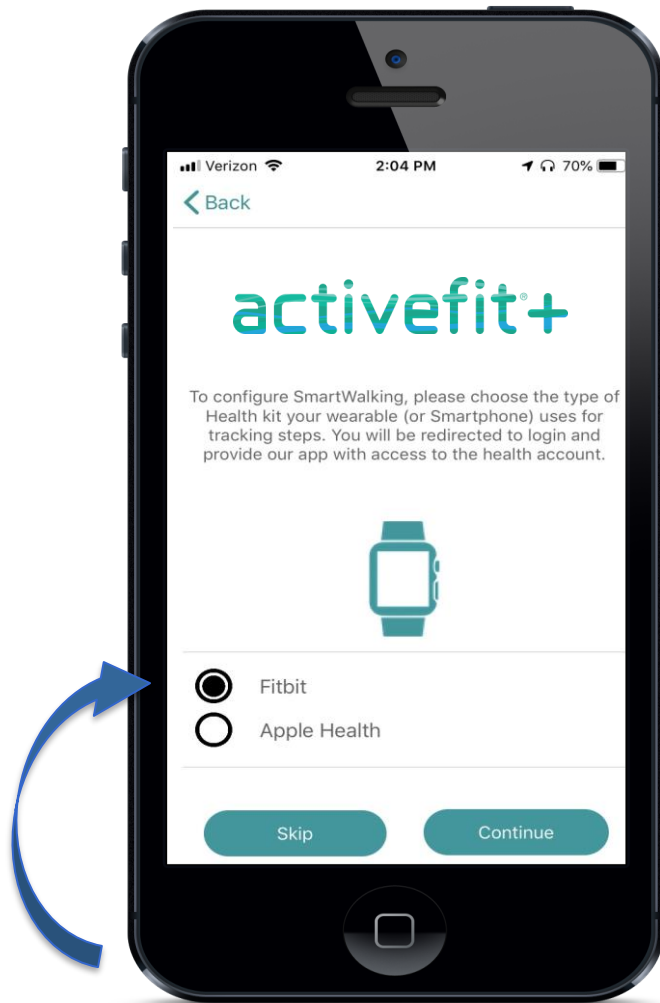


Choose the Google account associated with Google Fit.

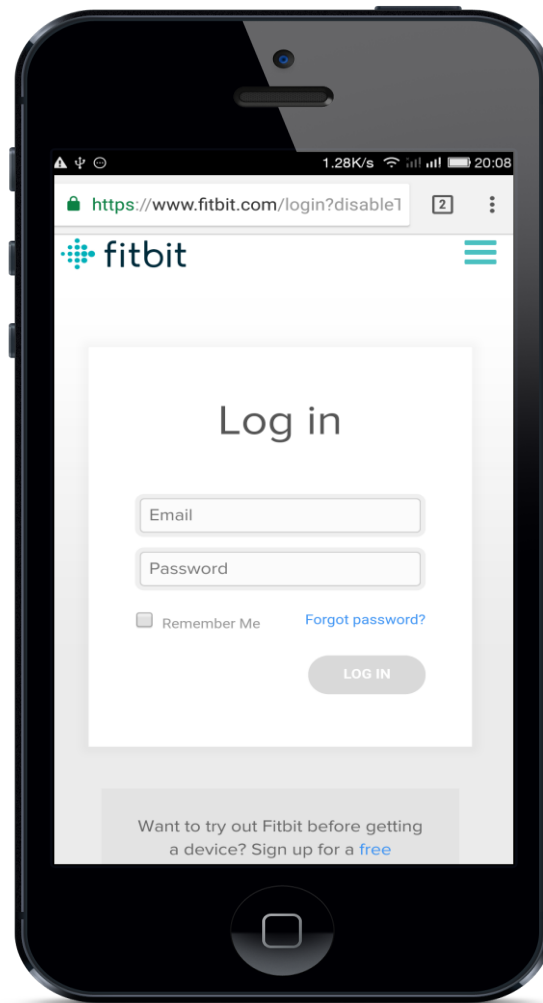


Allow permissions

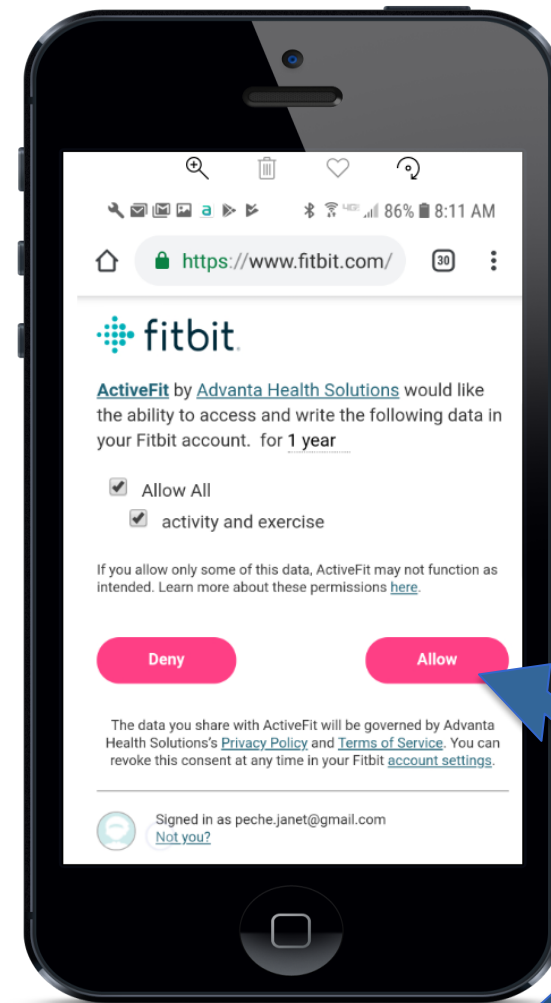




Select Fitbit



Log into your Fitbit account



Select 1 Year and allow permissions

